

THE ERIC WRIGHT TRUST
Water Park
Lakeland Outdoor Adventure Centre

EQUIPMENT LIST

During your visit to Water Park, we will provide all specialist equipment including walking boots, waterproof jacket and trousers, hat, gloves, fibre pile jacket and a rucksack. Please **do not** purchase any specialist equipment for your visit to Water Park. However, if you wish to use your own equipment, please do so.

The following is a '**suggested**' list for a five day visit:

- 3-4 pairs of socks
- 2-3 pairs of thick socks
- 5 sets of underwear
- 1-2 pairs of casual trousers
- 2-3 pairs of tracksuit trousers or similar (**not jeans**) - these may get wet and dirty
- 4-5 T-shirts / long sleeved tops
- 2-3 jumpers or pile jacket or sweatshirt
- 1 Waterproof coat or jacket
- 1 Fleecy hat (Centre has a supply)
- 1 pair of gloves (Centre has a supply)
- 1 swimming costume
- 1-2 towels (including large towel for showers)
- 1 pair indoor shoes (non marking soles) or slippers
- 1 pair outdoor shoes or sturdy trainers – these may get wet and dirty
- 1 pair Wellingtons (centre has a supply)
- 1 set nightwear
- 1 dressing gown
- 1 bag of toiletries
- 1 Torch (for night activities)
- 1 **lunch box and water bottle**
A book– **no portable DVD's, Nintendo DS's, PSP's etc.** However, an MP3 player can be taken for the coach journey
- 1 camera (a disposable one is advised if your child would like to take one)

NO MOBILE PHONES

The following equipment is available from Water Park at no extra cost:-

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|--------------------------------------|---------------|
| Waterproof jacket and trousers | Rucksack |
| Fibre pile jacket | Walking boots |
| Hat and gloves | Wellingtons |
| All specialist water sports clothing | |

PARENTS PLEASE NOTE:

The clothing and equipment provided by the centre is of very good quality, and I would strongly recommend that the children make use of it - there is no need to buy anything new for the trip. The children should bring casual and comfortable clothing for activities, not new or expensive items – they are likely to get wet and mucky! There are good facilities for drying wet clothes and towels.

Pocket money - £10 would be more than enough.